



# The Emergency Food Assistance Program



# TEFAP

## What is TEFAP?

- A federal program that helps supplement the diets of low-income families and individuals, including the elderly, by providing them with emergency food and nutrition assistance at no cost.

## How does TEFAP work?

- Quality USDA (United States Department of Agriculture) products are distributed once a month through Macomb County Distribution sites.

## Do I Qualify?

- If you are either 1) in need of emergency food, or 2) a participant in WIC, CSFP, FIP, SNAP or your child receives free/reduced meals at school, or 3) in a household where the income falls at or below the income guidelines provided.

Household Size	Annual Income
1	\$24,980
2	\$33,820
3	\$42,660
4	\$51,500

For more information, contact The Macomb Food Program at (586) 469-6004.

This institution is an equal opportunity provider.